

## Prize Questions.

A PRIZE of One Guinea will be awarded each quarter to the nurse who has the highest number of marks for answers to the RECORD questions during the preceding three months.

Answers to each question must not exceed 250 words, and must reach the Editor, at 20, Upper Wimpole Street, not later than the 20th of each month.

### QUESTIONS FOR MAY.

- I.—How can Nurses help to elevate their profession?  
 II.—Describe the best method of cleansing catheters.

(For Conditions see our Advertisement re Prizes.)

## Comments and Replies.

### REPLIES TO CORRESPONDENTS.

*A Second-Year Nurse.*—We do not advise you to attempt to study during your month's holiday. We think it is a mistake and you will return much fresher to your work if you take a real rest. If it is your general education you want to improve, you cannot do better than read some of Shakespeare's plays, or some good novels, such as those of Charles Kingsley, George Eliot, or George Macdonald.

These would be a real recreation, and at the same time it is most educational to become familiarised with the ideas and methods of expression of these writers. With regard to your second question, your best plan would be to consult a medical man. It is outside our province to prescribe! Further, even a medical man would not prescribe without seeing the patient. The letter c.c. stands for cubic centimetre.

*Nurse R., Artane.*—The eye bandage, which we mentioned last week, was kindly lent to the Nursing Exhibition by the Matron of the Royal Ophthalmic Hospital, Moorfields; perhaps if you applied to her she would be good enough to lend you a pattern, if you enclosed a stamped envelope, and promised to return the pattern.

*Alice M. T., Cardigan.*—We should advise you to read the *Daily Chronicle*. That gives all the latest information about the nurses working upon its staff in Greece. It is not proposed at present to send out any more nurses, and now that the war is finished, we may hope that the need for nurses will decrease.

*District Nurse, Birmingham.*—We think that the amount of walking you do every day is quite too much for you to attempt. Why do you not tell your committee that you feel that it is too much for you, and ask them if they are disposed to provide you with a bicycle? We do not think you ought to attempt to undertake midwifery cases as well as general work. How can you possibly attend cases of enteric fever or cancer, which frequently occur in district work, and at the same time be liable to be called upon at any moment to attend a midwifery case? If your predecessor has done this, and so "created a precedent," the sooner you create another precedent the better.

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